

# TWO DAY PROCEDURE PREP

## FOLLOW PREP INSTRUCTIONS BELOW AND NOT ON BOX

### What you need to successfully complete this prep:

- 1 bottle of **Magnesium Citrate** - Over the Counter (refrigerated may help the taste)
- Simethicone 180mg Soft-Gel Tablets (Ex: Gas-X, Phazyme, Mylicon)
- Colon Preparation: \_\_\_\_\_ which has been called into your pharmacy. If you are taking Miralax, this can be purchased over the counter.

### TWO DAYS BEFORE YOUR PROCEDURE:

1. At 6:00pm, follow clear liquid diet & drink entire bottle of Magnesium Citrate 2 days prior to your scheduled procedure.
2. Follow by 1 full glass of clear liquid. Drink at least 8oz of clear liquid every hour & continue clear liquids the remainder of the night.

### DAY BEFORE YOUR PROCEDURE:

- Continue clear liquid diet all day and follow instructions with attached prep insert.