

# MEC

Middlesex Endoscopy Center

## Patient Information



410 Saybrook Road, Suite 200  
Middletown, CT 06457

Phone: 860 343-1240

[www.MiddlesexEndoscopy.com](http://www.MiddlesexEndoscopy.com)





The physicians and staff at Middlesex Endoscopy Center welcome you to our facility. Middlesex Endoscopy Center is a state-of-the-art outpatient endoscopy center that was designed, equipped, and staffed to provide the highest quality care.

**Gregor J. Koobatian, M.D., AGAF\***

**Mario Q. Ricci, M.D.\***

**Nadeem Hussain, M.D.\***

**Lucian F. Gorgan, M.D.\***

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**Homaira Rasool, D.O.**

**Sean Liu, M.D.**

*\* Middlesex Endoscopy Center (MEC) is a private business owned and operated by physicians associated with Center care.*

### **As a Patient, You Have the Right to:**

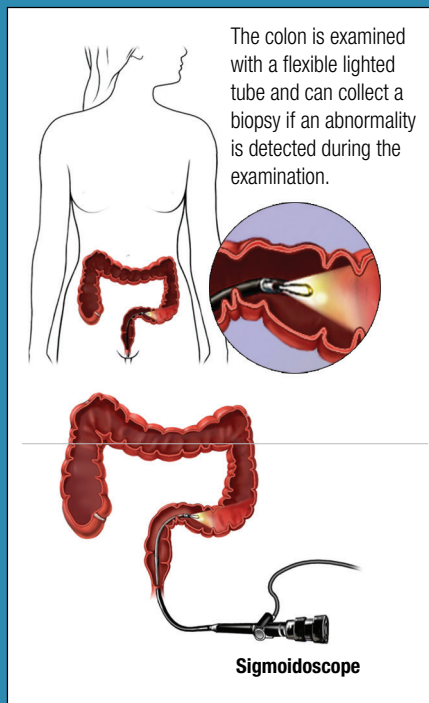
- Considerate, respectful care at all times and under all circumstances with recognition of your personal dignity.
- Personal and informational privacy.
- Confidentiality of records and disclosures. Except when required by law, you have the right to approve or refuse the release of records.
- Information concerning your diagnosis, treatment, and prognosis, to the degree known.
- The opportunity to participate in decisions involving your healthcare.
- Competent, caring healthcare providers who act as your advocates.
- Know the identity and professional status of individuals providing service.
- Adequate education regarding self-care at home written in language you can understand.
- Make decisions about medical care, including the right to accept or refuse medical treatment or change physician.
- Impartial access to treatment regardless of race, color, sex, national origin, religion, or disability.
- Receive an itemized bill for all services.
- Know that all patients will be considered eligible for life sustaining measures, therefore, an Advance Directive or Do Not Resuscitate order will be temporarily suspended while at this facility.

Report any comments concerning the quality of services provided to you during the time spent at the facility and receive fair follow-up on your comments. All individuals at this facility are considered patient advocates and are responsible for reporting patient dissatisfaction to the Clinical Director and/or Administrator for further action as deemed necessary. If this process is considered unsatisfactory, concerns can be forwarded to the State of Connecticut Department of Public Health Facilities Licensing and Investigations Section, 410 Capitol Ave. MS# 12FLIS, Box 340308, Hartford, CT 06134, Telephone: 860-509-7400. <http://www.cms.hhs.gov/center/ombudsman.asp>

### **As a Patient, You Are Responsible for:**

- Providing, to the best of your knowledge, accurate and complete information about your present health status and past medical history and reporting any unexpected changes to the appropriate physician(s) or clinical provider. This includes potentially infectious conditions that are considered communicable including AIDS/HIV, Hepatitis of any type, Tuberculosis or any active disease process that is considered a risk for your healthcare providers.
- Following the treatment plan recommended by the primary physician involved in your care.
- Providing an adult to transport you home after the procedure(s) and an adult to be responsible for you at home for the first 24 hours following the procedure(s).
- Indicating whether you clearly understand a contemplated course of action and what is expected of you and ask questions when you need further information.
- Your actions if you refuse treatment, leave the facility against the advice of the physician, and/or do not follow the physician's instructions relating to your care.
- Ensuring that the financial obligations of your healthcare are fulfilled as expediently as possible.
- Providing information about and/or copies of any living will, power of attorney, or other directive that you desire us to know about.
- No catalog of rights can guarantee the patient the kind of treatment he has a right to expect.
- This facility has many functions to perform, including the prevention and treatment of disease, the education of both health professionals and patients. All these activities must be conducted with an overriding concern for the patient, and, above all, the recognition of his dignity as a human being. Success in achieving this recognition assures success in the defense of the rights of the patient.
- Providing adequate proof of identification upon admission to the facility.

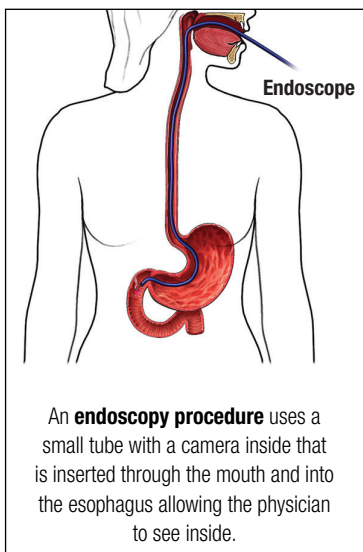
## Sigmoidoscopy or Colonoscopy



*What is colonoscopy?*  
A colonoscopy allows your doctor to look inside the entire large intestine. The procedure enables your physician to see things such as inflamed tissue, abnormal growths, and ulcers. It is most often used to look for early signs of cancer in the colon and rectum. It is also used to look for causes of unexplained changes in bowel habits and to evaluate symptoms like abdominal pain, rectal bleeding, and weight loss.

## Upper Endoscopy

What is endoscopy? Upper endoscopy enables the physician to look inside the esophagus, stomach, and duodenum (first part of the small intestine). The procedure might be used to discover the reason for swallowing difficulties, nausea, vomiting, reflux, bleeding, indigestion, abdominal pain, or chest pain. Upper endoscopy is also called EGD, which stands for esophagogastroduodenoscopy.



## Additional Resources:

- American College of Gastroenterology - [acg.gi.org](http://acg.gi.org)
- American Society for Gastrointestinal Endoscopy - [asge.org](http://asge.org)
- International Foundation for Functional Gastrointestinal Disorders - [iffgd.org](http://iffgd.org)
- Colon Cancer Alliance - [ccalliance.org/](http://ccalliance.org/)

## Endoscopy Center Guidelines

- Leave all valuables and jewelry at home. Remove all body piercings.
- **Arrange for someone to drive you to and from your procedure.** You will not be allowed to drive. Confirm that your ride has directions to the facility.
- Please leave contact lenses at home. If this is not possible, please bring a storage case.
- Do not make any other commitments on the day of your procedure.
- You may brush your teeth the morning of your procedure. Do not drink any water.
- Do not use any perfume, cologne or scented lotion.
- Wear casual, loose-fitting clothing that can be stored in a personal belongings bag.
- **You must have a responsible person stay with you after your procedure for the remainder of the day and overnight.**

## Cancellation Policy

In order to maintain our goal of offering quality health care with minimal waiting times, it is our policy that procedure cancellations must be made 3 business days in advance.

We will charge \$50 for a missed procedure. This amount is due at the time of your next appointment.

## Advance Directives

It is the policy of Middlesex Endoscopy Center to resuscitate all patients who suffer a respiratory or cardiac arrest while at the Center. After which the patient will be transferred to a hospital.

## IMPORTANT!

Call one business day prior to your procedure between 2:00 and 3:00 p.m. for your arrival time. (860) 343-1240

### Before Procedure

- Two weeks prior to your procedure, visit **[www.simpleadmit.com](http://www.simpleadmit.com)**
  - This questionnaire is not compatible with iPhone/Android phones and must be completed on a desktop or laptop computer.
- Click on **Patients Start Here**, enter provided password: **MIDEC860NEW**
- Complete your medical history questionnaire.
  - This is separate from the medical information form you've provided to Middlesex Gastroenterology Associates.
  - **Only**, if there are questions regarding medical history questionnaire, a member of the anesthesia department will contact you before your procedure to discuss, between the hours of 7:30 a.m. and 5:00 p.m.

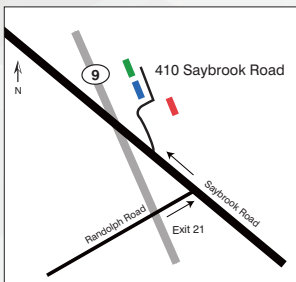
A member of the business office staff may also call you to review your medical insurance coverage and personal financial responsibilities.

If you have had a screening colonoscopy within 10 years, this colonoscopy may or may not be coded as a screening and might be subject to co-pays, coinsurance, and/or deductibles. Please check with your insurance company.

It is your responsibility to make sure, Middlesex Endoscopy Center (MEC), your doctor and laboratory are participating with your insurance. If your procedure is scheduled at MEC, the following groups are used for services and will be billed separately from the doctor and MEC.

**Lab/Pathology:**  
Connecticut Pathology  
Group, PC

**Anesthesia Services:**  
Anesthesiologists of Middletown PC  
860-347-0720



## Directions

### From North (Cromwell) & South (Old Saybrook Route 9)

Take Exit 21 for Randolph Road /CT 155. Turn RIGHT onto Randolph Road/CT 155.

Turn LEFT onto Saybrook Road. Proceed down Saybrook Road for about 0.7 of a mile. Turn RIGHT at HERITAGE MEDICAL CENTER. Follow the driveway bearing RIGHT to the upper level. At the stop sign take a LEFT. The Endoscopy Center is the second building with the GREEN roof. Enter the building through the main, center door and straight into Suite 200, Middlesex Endoscopy Center.

### From Guilford, Killingworth, Madison - Route 79, 77, and 17

Follow Route 17 North through Durham to Middletown. Turn right onto Randolph Road/ CT 155. Follow Randolph Road/CT 155 for approximately 2.4 miles. Turn left onto Saybrook Road. Follow Saybrook Road for 0.7 miles turn right at HERITAGE MEDICAL CENTER. Follow the driveway bearing RIGHT to the upper level. At the stop sign take a LEFT. The Endoscopy Center is the second building with the GREEN roof. Enter the building through the main, center door and straight into Suite 200, Middlesex Endoscopy Center.



ACCREDITATION ASSOCIATION  
for AMBULATORY HEALTH CARE, INC.

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