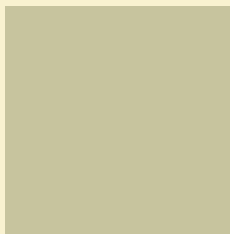
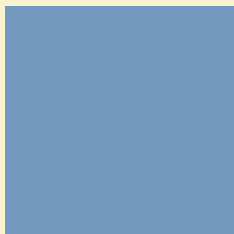


Middlesex Endoscopy Center



Patient Information

MEC

Middlesex Endoscopy Center

410 Saybrook Road, Suite 200
Middletown, CT 06457

Phone: 860 343-1240

www.MiddlesexEndoscopy.com

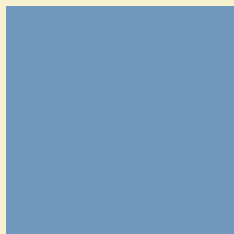
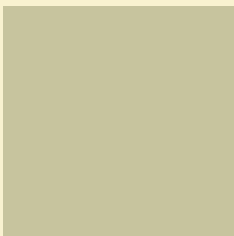
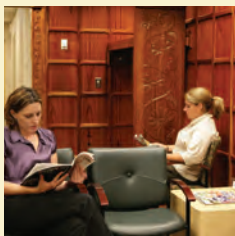
As a Patient, You Have the Right to:

- Considerate, respectful care at all times and under all circumstances with recognition of your personal dignity.
- Personal and informational privacy.
- Confidentiality of records and disclosures. Except when required by law, you have the right to approve or refuse the release of records.
- Information concerning your diagnosis, treatment, and prognosis, to the degree known.
- The opportunity to participate in decisions involving your healthcare.
- Competent, caring healthcare providers who act as your advocates.
- Know the identity and professional status of individuals providing service.
- Adequate education regarding self-care at home written in language you can understand.
- Make decisions about medical care, including the right to accept or refuse medical treatment or change physician.
- Impartial access to treatment regardless of race, color, sex, national origin, religion, or disability.
- Receive an itemized bill for all services.
- Know that all patients will be considered eligible for life sustaining measures, therefore, an Advance Directive or Do Not Resuscitate order will be temporarily suspended while at this facility.

Report any comments concerning the quality of services provided to you during the time spent at the facility and receive fair follow-up on your comments. All individuals at this facility are considered patient advocates and are responsible for reporting patient dissatisfaction to the Clinical Director and/or Administrator for further action as deemed necessary. If this process is considered unsatisfactory, concerns can be forwarded to the State of Connecticut Department of Public Health Facilities Licensing and Investigations Section, 410 Capitol Ave. MS# 12FLIS, Box 340308, Hartford, CT 06134, Telephone: 860-509-7400. <http://www.cms.hhs.gov/center/ombudsman.asp>

As a Patient, You Are Responsible for:

- Providing, to the best of your knowledge, accurate and complete information about your present health status and past medical history and reporting any unexpected changes to the appropriate physician(s) or clinical provider. This includes potentially infectious conditions that are considered communicable including AIDS/HIV, Hepatitis of any type, Tuberculosis or any active disease process that is considered a risk for your healthcare providers.
- Following the treatment plan recommended by the primary physician involved in your care.
- Providing an adult to transport you home after the procedure(s) and an adult to be responsible for you at home for the first 24 hours following the procedure(s).
- Indicating whether you clearly understand a contemplated course of action and what is expected of you and ask questions when you need further information.
- Your actions if you refuse treatment, leave the facility against the advice of the physician, and/or do not follow the physician's instructions relating to your care.
- Ensuring that the financial obligations of your healthcare are fulfilled as expediently as possible.
- Providing information about and/or copies of any living will, power of attorney, or other directive that you desire us to know about.
- No catalog of rights can guarantee the patient the kind of treatment he has a right to expect.
- This facility has many functions to perform, including the prevention and treatment of disease, the education of both health professionals and patients. All these activities must be conducted with an overriding concern for the patient, and, above all, the recognition of his dignity as a human being. Success in achieving this recognition assures success in the defense of the rights of the patient.
- Providing adequate proof of identification upon admission to the facility.



The physicians and staff at Middlesex Endoscopy Center welcome you to our facility. Middlesex Endoscopy Center is a state-of-the-art outpatient endoscopy center that was designed, equipped and staffed to provide the highest quality care.

Stanislaus Opalacz, M.D.*

Gregor J. Koobatian, M.D., AGAF*

Mario Q. Ricci, M.D.*

Nadeem Hussain, M.D.*

Edmund Y. Chung, M.D.*

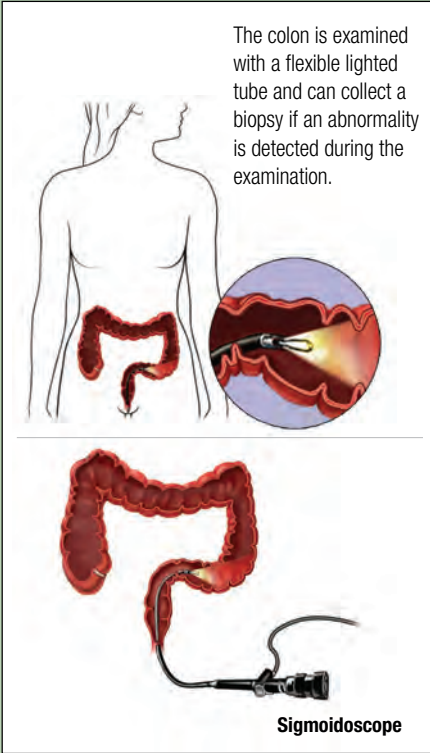
Lucian F. Gorgan, M.D.*

Sarah S. Canavan, M.D.

Ryan O'Connor, M.D.

** Middlesex Endoscopy Center (MEC) is a private business owned and operated by physicians associated with Center care.*

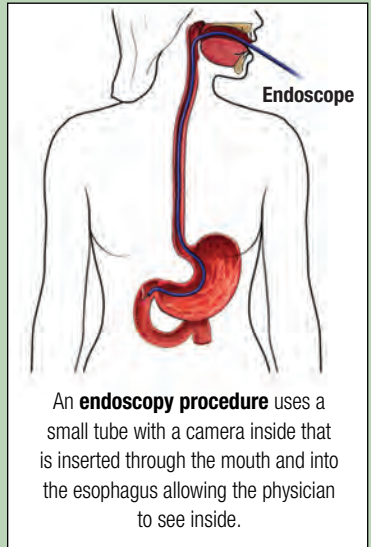
Sigmoidoscopy or Colonoscopy



What is colonoscopy?
A colonoscopy allows your doctor to look inside the entire large intestine. The procedure enables your physician to see things such as inflamed tissue, abnormal growths, and ulcers. It is most often used to look for early signs of cancer in the colon and rectum. It is also used to look for causes of unexplained changes in bowel habits and to evaluate symptoms like abdominal pain, rectal bleeding, and weight loss.

Upper Endoscopy

What is endoscopy? Upper endoscopy enables the physician to look inside the esophagus, stomach, and duodenum (first part of the small intestine). The procedure might be used to discover the reason for swallowing difficulties, nausea, vomiting, reflux, bleeding, indigestion, abdominal pain, or chest pain. Upper endoscopy is also called EGD, which stands for esophagogastroduodenoscopy.



Additional Resources:

- American College of Gastroenterology - acg.gi.org
- American Society for Gastrointestinal Endoscopy - asge.org
- International Foundation for Functional Gastrointestinal Disorders - iffgd.org
- Colon Cancer Alliance - ccalliance.org/

Before Procedure (pre-admission call)

A member of the anesthesia department will contact you before your procedure between the hours of 7:30 a.m. and 5:00 p.m. with questions regarding your medical history. A member of the business office staff may also call you to review your medical insurance coverage and personal financial responsibilities.

If we are unable to reach you by telephone, please call our office, (860) 343-1240 at least five business days before your procedure.

IMPORTANT!

Call one business day prior to your procedure between 2:00 and 3:00 p.m. for your arrival time. (860) 343-1240

If you have had a screening colonoscopy within 10 years, this colonoscopy may or may not be coded as a screening and might be subject to copays, coinsurance, and/or deductibles. Please check with your insurance company.

It is your responsibility to make sure not only, Middlesex Endoscopy Center, your doctor and laboratory are participating with your insurance. If your procedure is scheduled at Middlesex Endoscopy Center (MEC), the following groups are used for services and will be billed separately from the doctor and MEC.

Lab/Pathology:

Connecticut Pathology Group, PC
Miraca Life Sciences

Anesthesia Services:

Anesthesiologists of Middletown, PC
Integrated Anesthesia Associates, LLC

Advance Directives

It is the policy of Middlesex Endoscopy Center to resuscitate all patients who suffer a respiratory or cardiac arrest while at the Center. After which the patient will be transferred to a hospital.

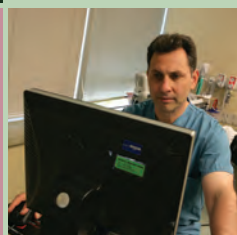
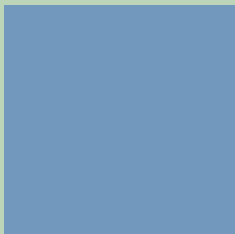
Cancellation Policy

In order to maintain our goal of offering quality health care with minimal waiting times, it is our policy that procedure cancellations must be made **3 business days** in advance.

We will charge \$50 for a missed procedure. This amount is due at the time of your next appointment.

Endoscopy Center Guidelines

- Leave all valuables and jewelry at home. Remove all body piercings.
- Arrange for someone to drive you home. You will not be allowed to drive. Confirm that your ride has directions to the facility.
- Please leave contact lenses at home. If this is not possible, please bring a storage case.
- Do not make any other commitments on the day of your procedure.
- You may brush your teeth the morning of your procedure. Do not drink any water.
- On the day of your procedure bathe/shower with an anti bacterial soap. Do not use any perfume, cologne or scented lotion.
- Wear casual, loose-fitting clothing that can be stored in a personal belongings bag.
- Have a responsible person stay with you overnight.





Check List

Bring this form with you to the Endoscopy Center

My Arrival Time

Expect to be at the Endoscopy Center for approx. 3 hours.

Your Name: _____

List Allergies and Reactions

_____ / _____

_____ / _____

_____ / _____

_____ / _____

_____ / _____

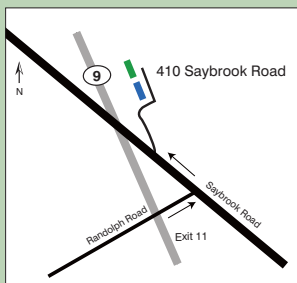
Drug Name	Strength	Times/Day	Taken for...

- If you have an advance directive, please bring a copy
- Arranged for a responsible person to drive you to and from your procedure and to stay with you overnight. You are not allowed to drive home.

Name: _____

Phone: _____

- Had necessary blood work/EKG, if ordered by your doctor one week before your procedure.
- Followed the instructions about your daily medications
- Have a valid picture ID and insurance card(s) with you.
- Have arranged for payment of copayment/deductible with both the Endoscopy Center and your doctor's business office.



Directions

From North (Cromwell) & South (Old Saybrook) Route 9

Take Exit 11 for Randolph Road /CT 155. Turn **RIGHT** onto Randolph Road/

CT 155. Turn **LEFT** onto Saybrook Road. Proceed down Saybrook Road for about 0.7 of a mile. Turn **RIGHT** at HERITAGE MEDICAL CENTER. Follow the driveway bearing **RIGHT** to the upper level. At the stop sign take a **LEFT**. The Endoscopy Center is the second building with the **GREEN** roof. Enter the building through the main, center door and straight into Suite 200, Middlesex Endoscopy Center.

From Guilford, Killingworth, Madison - Route 79, 77, and 17

Follow Route 17 North through Durham to Middletown. Turn right onto Randolph Road/ CT 155. Follow Randolph Road/CT 155 for approximately 2.4 miles.



Turn left onto Saybrook Road. Follow Saybrook Road for 0.7 miles turn right at HERITAGE MEDICAL CENTER. Follow the driveway bearing **RIGHT** to the upper level. At the stop sign take a **LEFT**. The Endoscopy Center is the second building with the **GREEN** roof. Enter the building through the main, center door and straight into Suite 200, Middlesex Endoscopy Center.



ACCREDITATION ASSOCIATION
for AMBULATORY HEALTH CARE, INC.

MIDDLESEX ENDOSCOPY CENTER, LLC

410 Saybrook Road, Suite 200
Middletown, CT 06457

MiddlesexEndoscopy.com

Phone: (860) 343-1240 **Fax:** (860) 343-1250